

5 Things to Know During Pre-Divorce Planning

“I want to get a divorce, but I don’t know where to start?”

1. Take Notes.

- Evidence of wrongdoing
- Specific incidents
- Significant others
- Money spent
- Phone records
- Changes in financial accounts
- Time spent or not spent with child(ren)

2. Stash Cash.

- Keep cash in a safe place
- Open separate bank accounts
- Monitor account activity

3. Gather Documents.

- Bank statements
- Emails / Text Messages (Screenshot)
- Pay stubs
- Tax Returns / W2's
- Investment / Retirement account statements
- Photos
- Internet / Web files

4. DO NOT Disparage Spouse.

- Be careful what you say
- Use social media appropriately

5. Talk w/a Therapist, Attorney, Friend, Relative.

- Be open and honest
- Look toward the future
- Set goals

